



Infant I

6 weeks – 9 months

Our objectives

We want your baby to feel at home while here at day care. We strive to:

- Provide age-appropriate activities, always talking to and playing with each baby individually.
- Listen and respond to parents' questions and concerns. We are here to support parents and children.
- Be patient in all we do with the babies. We want parents to feel comfortable leaving their baby with us.
- Introduce babies to new things like coloring, water and sand play, dancing, singing and socialization.
- Have compassion and genuinely care for each baby in all situations, being sure parents know that at the Ark, babies come first.

Daily schedule

Schedules are carried out according to parents' requests. A general classroom schedule is followed, but the infants' needs are met according to what the parents' and babies' schedules dictate.

Items you provide:

- Bottles
- Pacifier
- Diapers
- Wipes
- Sleep sack
- Formula (if different than what we provide) or breast milk
- Parent's Choice iron-fortified formula
- Gerber rice cereal
- Bibs and blankets
- Baby food

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Infant II

9 - 18 months

Our objectives

- To teach each child self-help skills including learning to eat with utensils, washing hands and face, and picking up toys.
- To teach small motor skills by coloring, finger painting and painting with a brush.
- To teach cooperation by sharing toys, playing together and emphasizing the importance of caring for one another.
- To teach speech by focusing on using words to express wants and needs.
- To work with each child to become accustomed to the routine of napping after lunch each day.
- To introduce books and teach how to identify familiar objects and look at books in a way that helps children understand what concepts are being conveyed.

Daily schedule

6-8 a.m.	Breakfast/free play	Noon-12:30 p.m.	Art/art cleanup
8-8:15 a.m.	Restroom/handwashing	12:30-12:45 p.m.	Choice play
8:15-8:45 a.m.	Morning recess	12:45-1 p.m.	Restroom/get ready for naptime
8:45-9 a.m.	Restroom/handwashing	1-3 p.m.	Naptime
9-9:25 a.m.	Circle time	3-3:15 p.m.	Naptime cleanup/restroom/ handwashing
9:25-9:30 a.m.	Handwashing	3:15-3:45 p.m.	Afternoon snack/snack cleanup
9:30-10 a.m.	Morning snack/snack cleanup	3:45-4:15 p.m.	Afternoon recess
10-10:30 a.m.	Music/dance/movement	4:15-6 p.m.	Choice play/departure
10:30-10:55 a.m.	Table activities		
10:55-11:25 a.m.	Lunch recess		
11:25-11:30 a.m.	Restroom/handwashing		
11:30 a.m.-Noon	Lunch/lunch cleanup		

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Toddler

18 months – 3 years

Our objectives

- To begin potty training. We take cues from children and parents when deciding the time is right to begin. Lots of encouragement and positive reinforcement are used to aid this process.
- To teach cooperative play, sharing, interacting and communicating in a positive way.
- To learn to use silverware during meals and encourage children to use a washcloth to assist in cleaning up hands and table.

Daily schedule

6-8 a.m.	Breakfast/free play	1-3 p.m.	Naptime
8-8:15 a.m.	Restroom/handwashing	3-3:15 p.m.	Naptime cleanup/restroom/ handwashing
8:15-8:45 a.m.	Morning recess	3:15-3:45 p.m.	Afternoon snack/snack cleanup
8:45-9 a.m.	Restroom/handwashing	3:45-4:15 p.m.	Afternoon recess
9-9:25 a.m.	Circle time	4:15-6 p.m.	Choice play/departure
9:25-9:30 a.m.	Handwashing		
9:30-10 a.m.	Morning snack/snack clean up		
10-10:30 a.m.	Music/dance/movement		
10:30-10:55 a.m.	Table activities		
10:55-11:25 a.m.	Lunch recess		
11:25-11:30 a.m.	Restroom/handwashing		
11:30 a.m.-Noon	Lunch/lunch cleanup		
Noon-12:30 p.m.	Art/art cleanup		
12:30-12:45 p.m.	Choice play		
12:45-1 p.m.	Restroom/get ready for naptime		

For a smooth transition

We are a busy classroom, full of curiosity and energy. A focus on small muscle development and hand-eye coordination is accomplished through art projects and activities.

Large motor skills are put to good use by climbing ladders and sliding down slides. Time is also spent outside to practice kicking and throwing balls and using riding toys. Music is incorporated into a variety of activities. The children have lots of fun joining in action songs and dancing to the rhythm of the music.

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Preschool

3 – 5 years

Our objectives

- Cognition: match 11 colors, name three to five colors, imitate counting to 10, count three objects, identify three shapes by name, recognize their own name.
- Fine motor skills: grasp a pencil between thumb and forefinger, cut dough or soft clay with cookie cutter, become familiar with scissors, put together a six- to eight-piece puzzle, place six pegs in a peg board.
- Gross motor skills: hop on one foot, kick a ball, throw a ball under-handed, push/pull a wagon.
- Self-help: put on own jacket, complete total handwashing procedure, pull up pants without assistance.
- Social: follow rules in group games led by an adult, attend music or stories for 10-15 minutes, work in small group for 10 minutes, share with others.

Daily schedule

6-8 a.m.	Breakfast/free play	11:25-11:30 a.m.	Restroom/handwashing
8-8:15 a.m.	Restroom/handwashing	11:30 a.m.-Noon	Lunch/lunch cleanup
8:15-8:45 a.m.	Morning recess	Noon-12:30 p.m.	Art/art cleanup
8:45-9 a.m.	Restroom/handwashing	12:30-12:45 p.m.	Choice play
9-9:25 a.m.	Circle time	12:45-1 p.m.	Restroom/get ready for naptime
9:25-9:30 a.m.	Handwashing	1-3 p.m.	Naptime
9:30-10 a.m.	Morning snack/snack cleanup	3-3:15 p.m.	Naptime clean up/restroom/ handwashing
10-10:30 a.m.	Music/dance/movement	3:15-3:45 p.m.	Afternoon snack/snack cleanup
10:30-10:55 a.m.	Table activities	3:45-4:15 p.m.	Afternoon recess
10:55-11:25 a.m.	Lunch recess	4:15-6 p.m.	Choice play/departure

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School Age

Our objectives

- Build and reinforce emerging social and life skills, such as problem-solving, responsibility, cooperation and manners.
- The school-age room provides a balance of fun and structure, where children can be themselves, know the rules and feel safe. Parents can also feel secure in the knowledge that their child will be well cared for in an environment where they can enjoy being a kid.

Daily summer schedule

6 -8:00 a.m.	Breakfast/free play	11:30 a.m.-Noon	Lunch/lunch cleanup
8 -8:15 a.m.	Restroom/handwashing	Noon-12:30 p.m.	Art/art cleanup
8:15-8:45 a.m.	Morning recess	12:30-12:45 p.m.	Choice play
8:45-9 a.m.	Restroom/handwashing	12:45-1 p.m.	Restroom/get ready for naptime
9-9:25 a.m.	Circle time	1-3 p.m.	Naptime
9:25-9:30 a.m.	Handwashing	3-3:15 p.m.	Naptime clean up/restroom/handwashing
9:30-10 a.m.	Morning snack/snack cleanup	3:15-3:45 pm	Afternoon snack/snack cleanup
10-10:30 a.m.	Music/dance/movement	3:45-4:15 p.m.	Afternoon recess
10:30-10:55 a.m.	Table activities	4:15-6 p.m.	Choice play/departure
10:55-11:25 a.m.	Lunch recess		
11:25-11:30 a.m.	Restroom/handwashing		

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